

Beverages

PURE FRUIT JUICES

orange | guava | apple | granadilla | mango
strawberry | tropical

350ml	32
500ml	40

SABIE VALLEY COFFEE

normal	22
grande	30

ILLY COFFEE CORNER

Illy Coffee	normal	25
	grande	35
Cappuccino	single espresso	25
	double espresso	30
	add cream	4
Espresso	single	18
	double	22

Americano	26
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Macchiato	22
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Espresso topped with milk foam.

Magnolia Frappe	28
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Double espresso and crushed ice-blend.

Brewed Ice-Coffee	28
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Filter coffee poured over ice.

Espresso Coffee Milkshake	36
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Espresso and ice-cream blend.

Frozen Caffé Mocha	38
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Espresso, hot chocolate and ice-cream blend.

Choc-o-chino	36
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Espresso and hot chocolate with milk and foam.

Rocky-chino	40
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Espresso, chocolate and hazelnut topped with hot milk, foam and chocolate shavings.

Caffé Latte	30
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Flavoured Latte hazelnut vanilla	35
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Rooibos Cappuccino	25
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Rooibos Caffé Latte	28
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Chai Tea Latte	34
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Teas - Rooibos and Five Roses	20
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Herbal Teas	25
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Chamomile, Earl Grey, English Breakfast, Green Tea and Chai tea.

Hot Chocolate Horlicks Milo	35
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ALL HOT BEVERAGES ARE MADE WITH FULL CREAM MILK WHICH CAN BE SUBSTITUTED WITH:

Soya Milk	8
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Almond Milk	8
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MAGNOLIA CAFÉ

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DECEMBER 2018

Breakfast MENU



Blooming Delicious

CASTERBRIDGE LIFESTYLE CENTRE

— White River —

A Fresh Start to Your Day...


Smoothies

- 350ml** 40
- 500ml** 50
- Normans Rule:** Cranberry & pineapple juice, fresh strawberries, vitamins B6 & B12.
- Blushing Peach:** Peaches, strawberries, blueberries, orange juice, fresh mint and nutmeg.
- Super Berry:** Blackberries, raspberries, strawberries, banana, apple juice, vanilla sorbet.
- Citrus Chiller:** Lemon juice, kiwi fruit, pineapple, vanilla sorbet, aloe vera, apple juice and mint.
- Blueberry Blast:** Blueberries, banana, vanilla sorbet.
- Hung Over:** tomato juice, celery, lime and vitamins.
- Mango Attack:** pineapple, banana, coconut & mango juice.
- Go Green:** spinach, cucumber, apple, ginger and lemon.


Power Smoothies

- 500ml** 55
- Power Packer:** Banana, yoghurt, cranberry juice, soy protein, wheat germ and molasses.
- Peanut Choco Banger:** Banana, chocolate, peanut butter and strawberries.



Croissants

- Parma Ham** 98
Emmenthal, rocket, parma ham, avocado and balsamic roast cherry tomatoes.
- Smoked Trout** 105
Lydenburg smoked trout, rocket, red onion, capers cream cottage cheese and lemon pepper
- Bacon & Avo** 92
Bacon, avocado and pan fried mushrooms, topped with two poached eggs.
- Nutella**  58
Crisp croissant with nutella and caramalized banana

Benedict

- Café Eggs Benedict** 75
Double poached eggs, grilled hickory ham and pan fried cherry tomatoes on an English muffin with hollandaise sauce.
- Salmon Benedict** 98
Double poached eggs, oak smoked salmon and rocket on toasted rye bread with peppered hollandaise.
- Vegetarian Benedict**  88
Creamed spinach, feta and pan fried mushrooms on an English muffin topped with double poached eggs.
- Halloumi Benedict** 88
Grilled halloumi, bacon, pan fried cherry tomatoes and mushrooms on an English muffin with basil pesto hollandaise.
- California Benedict** 85
Double poached eggs, bacon, avocado, pan fried cherry tomatoes on an English muffin with hollandaise sauce.
- The Continent Benedict** 78
Double poached eggs, hummus, rocket, avocado and roast tomato on toasted health bread with harissa spiced hollandaise.
- Italian Benedict** 85
Double poached eggs, sliced tomato, bacon, bolognese and mozzarella on an English muffin with hollandaise.

Continental Breakfast

- Dr Paw-Paw**  68
Paw-paw with plain yoghurt, roasted almonds, honey and pumpkin seeds.
- Health Crumble**  70
Layers of granola, fresh fruits and berry compote with plain yoghurt and honey.
- Homemade Bran Muffin** 42
Baked fresh daily with berry preserve and grated cheddar cheese.
- Oats Away** 58
Creamy oats with banana, berry preserve and honey.
- Smoked Salmon Rosti** 95
Large potato and thyme rosti, topped with smoked salmon, lemon pepper cottage cheese, baby rocket and red onion.


Hot Breakfast

All our hot breakfasts are served with your choice of white, brown, rye or health bread with butter and preserves

- Casterbridge Breakfast** 58
Single fried egg, bacon, pork sausage and grilled tomato.
- Vintage Breakfast** 95
Double fried eggs, bacon, pork sausage, tomato, potato fries and grilled banana.
- Farmers Breakfast** 95
Double fried eggs, bacon, boerewors, grilled tomato, baked beans and potato fries.
- Add 150g Fillet steak** 80
- Avo on Toast** 85
Smashed avo with feta and rocket, sliced tomato on toasted rye, topped with a poached egg & bacon.
- Breakfast Bowl** 95
Quinoa and feta topped with smoked salmon, avocado, spinach and a poached egg.
- French Toast Stack** 55
3 slices of panini french toast layered with bacon and maple flavoured syrup


Scrambled Eggs

All our scrambled eggs are made with 3 free-range eggs beaten fluffy, and served with toasted panini

- Plain Scrambled with Bacon** 50
- Smoked Salmon, Avocado & Cream Cheese on Rye** 95
- Avocado, Grilled halloumi & pan fried cherry tomatoes**  80

Omelettes

Traditional 3 egg omelette or egg white omelette, served with your choice of white, brown, rye or health bread with butter and preserves

- Fit to Go Omelette** 65
Fluffy egg white omelette filled with tomato, olives, spring onion, basil and cottage cheese.
- Mediterranean Omelette** 80
Chorizo, tomato, avocado and mozzarella.
- Cuban Omelette** 75
Bacon, gypsy ham, cheddar and onion.
- Spinach & Feta Omelette**  68
Danish feta and creamed spinach.
- Salmon Omelette** 95
Oak smoked salmon, basil and mozzarella.