

Beverages

PURE FRUIT JUICES

orange | guava | apple | granadilla | mango
strawberry | tropical

350ml 32

500ml 40

SABIE VALLEY COFFEE

normal 22

grande 30

ILLY COFFEE CORNER

Illy Coffee normal 26
grande 36

Cappuccino single espresso 26
double espresso 32
add cream 8

Espresso single 20
double 24

Americano 28

Macchiato 24

espresso topped with milk foam.

Magnolia Frappe 30

double espresso and crushed ice-blend.

Brewed Ice-Coffee 30

filter coffee poured over ice.

Espresso Coffee Milkshake 38

espresso and ice-cream blend.

Frozen Caffé Mocha 40

espresso, hot chocolate and ice-cream blend.

Choc-o-chino 38

espresso and hot chocolate with
milk and foam.

Rocky-chino 42

espresso, chocolate and hazelnut topped
with hot milk, foam and chocolate shavings.

Caffé Latte 30

Flavoured Latte hazelnut | vanilla 36

Rooibos Cappuccino 26

Rooibos Caffé Latte 30

Chai Tea Latte 36

Teas - Rooibos and Five Roses 20

Herbal Teas 26

Chamomile, Earl Grey, English Breakfast,
Green Tea and Chai tea.

Hot Chocolate | Horlicks | Milo 32

Breakfast MENU



Blooming Delicious

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APRIL 2019

CASTERBRIDGE LIFESTYLE CENTRE

— White River —

A Fresh Start to Your Day...

Smoothies

350ml 42

500ml 55

Normans Rule: cranberry and pineapple juice, fresh strawberries, vitamins B6 & B12.

Super Berry: blackberries, raspberries, strawberries, banana, apple juice, vanilla sorbet.

Citrus Chiller: lemon juice, kiwi fruit, pineapple, vanilla sorbet, aloe vera, apple juice and mint.

Hung Over: tomato juice, celery, lime and vitamins.

Mango Attack: pineapple, banana, coconut, mango juice.

Power Smoothies

500ml 60

Power Packer: banana, yoghurt, cranberry juice, soy protein, wheat germ and molasses.

Peanut Choco Banger: banana, chocolate, peanut butter and strawberries.

Benedict

Café Eggs Benedict 80

double poached eggs, grilled hickory ham and pan fried cherry tomatoes on an English muffin with hollandaise sauce.

California Benedict 85

double poached eggs, bacon, avocado, pan fried cherry tomatoes on an English muffin with hollandaise sauce.

The Continent Benedict 78

double poached eggs, hummus, rocket, avocado and roast tomato on toasted health bread with harissa spiced hollandaise.

Scrambled Eggs

All our scrambled eggs are made with 3 free-range eggs beaten fluffy, and served with toasted panini

Plain Scrambled with Bacon 50

Avocado, Grilled halloumi & pan fried cherry tomatoes  80

Hot Breakfast

All hot breakfasts are served with your choice of white, brown, rye or health bread with butter and preserves

Casterbridge Breakfast 58

single fried egg, bacon, pork sausage and grilled tomato.

Vintage Breakfast 98

double fried eggs, bacon, pork sausage, tomato, potato fries and grilled banana.

Farmers Breakfast 98

double fried eggs, bacon, boerewors, grilled tomato, baked beans and potato fries.

Add 150g Fillet steak 90

Avo on Toast 85

smashed avo with feta and rocket, sliced tomato on toasted rye, topped with a poached egg and bacon.

Continental Breakfast

Dr Paw-Paw  70

paw-paw with plain yoghurt, roasted almonds, honey and pumpkin seeds.

Health Crumble  72

layers of granola, fresh fruits and berry compote with plain yoghurt and honey.

Homemade Bran Muffin 42

baked fresh daily with berry preserve and grated cheddar cheese.

Smoked Salmon Rosti 98

large potato and thyme rosti, topped with smoked salmon, lemon pepper cottage cheese, baby rocket and red onion.

Omelettes

Traditional 3 egg omelette or egg white omelette, served with your choice of white, brown, rye or health bread with butter and preserves

Mediterranean Omelette 85

chorizo, tomato, avocado and mozzarella.

Cuban Omelette 80

bacon, gypsy ham, cheddar and onion.

California Omelette 75

mozzarella, bacon, sliced avo, roast cherry tomatoes and feta.